

## **Installation Instructions**

### **Type 9**

#### **Heavy-Duty Motor Mounts**

Fits – 93-97 Thunderbirds and Cougars w/ 4.6L engine.

**Note:** Keep in mind that these are performance-style motor mounts. There will be an increase in vibrations transmitted into the cabin at idle, but with the benefits of improved strength and lessened engine movement.

#### **Kit Includes:**

- 1 Driver mount
- 1 Passenger mount
- 1 10mm x 1.50 x 110mm Hex head bolt
- 1 10mm x 1.50 x 120mm Hex head bolt
- 3 10mm x 1.50 x 25mm Hex head bolts
- 3 10mm x 1.50 x 45mm Hex head bolts
- 8 3/8" SAE F/W

#### **Installation Instructions:**

- 1.) Raise front of vehicle and support on jack-stands.
- 2.) Place a block of wood under oil pan and support engine with jack.
- 3.) Starting on the driver's side, remove the bolt attaching the motor mount to the K-member.
- 4.) Remove the three bolts holding the stock motor mount to the engine.
- 5.) Raise engine slightly and remove stock mount from vehicle.
- 6.) Attach new motor mount to engine and K-member using the new 10mm x 45mm bolts and 3/8" SAE F/W included in the kit. Tighten all bolts at engine.
- 7.) Lower engine and install new 10mm x 120mm bolt through mount and K-member. Use a 3/8" washer under the head of the bolt. Leave loose at this time.
- 8.) Repeat steps 3-7 for the passenger side (Use 110mm and 25mm bolts)
- 9.) Make any adjustments necessary and then tighten all hardware.
- 10.) Lower vehicle.

If you have any questions about this installation, please email me at [cwarren@indy.net](mailto:cwarren@indy.net).